



ROMANIA LATIN
DANCE CUP
RULES & REGULATIONS 2019

SALSA WEEK ROMANIA

RULES AND REGULATIONS

RLDC

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Dance Styles, Divisions & Categories

As a competitor is very important the understanding of the Competition Rules & Regulations.

The World Latin Dance Cup Organization, have the rights on all rules, regulations and development of the event.

Here we describe the Dance Styles, Division and Categories you can choose from to compete as long as you follow the rules and restrictions in each one of them.

Dance Styles

13 Dance Styles

Divisions

8 Divisions

Categories

Over **200** Categories

DANCE STYLES, DIVISIONS AND CATEGORIES

DANCE STYLES

- Salsa On1
- Salsa On2
- Salsa Colombiana
- Rueda de Casino
- Bachata
- Cha Cha Cha
- Samba
- Urban Latin Dance
- Latin Dance
- Stage Tango
- Tango Salon
- Milonga
- Argentinian Waltz

DIVISIONS

- Professional
- Semi-Professional
- Amateur
- Pro-Am
- Junior
- Children
- Family
- Limitless

ONLY IN SOME DIVISIONS

- Cabaret
- Non-Cabaret
- Improvisation
- + 75, + 50, - 35, + 36

CATEGORIES

- Team (minimum 3 to maximum 20 members)
- Team Men (all male dancers)
- Team Ladies (all female dancers)
- Team Boys (all male dancers)
- Team Girls (all female dancers)
- Couples (2 dancers m/f)
- Couples Men (2 dancers m/m)
- Couple Ladies (2 dancers f/f)
- Soloist Male
- Soloist Female

DANCE STYLES TIMING DESCRIPTION

Salsa On1

The timing of the Salsa On1 is recognized as 1-2-3 5-6-7 (4 & 8 being silent). Competitors must break on the 1 beat of the music (Leaders break forward with their left foot on 1 and followers breaking back on 1 with right foot. Soloist breaking on the 1 beat with left foot). No points will be deducted if leader breaks forward on 5 with left foot or follower breaks forward on 1 with their left foot in the same routine. No points will be deducted if soloist breaks forward on 5 with left foot and on 1 with left foot in the same routine. If the timing is not consistent to it's division or the start of a team/solo choreography, points will be deducted from the final score.

Salsa On2

The timing of Salsa On2/Mambo is recognized as 1-2-3 5-6-7 (4 & 8 being silent). Competitors must break on the 2 beat of the music (Follower breaking forward on 2 with left foot or leader breaking forward on 6 with left foot. Soloist breaking on the 2 beat with left foot). No points will be deducted if leader breaks forward on 2 with left foot and follower breaks forward on 6 with their left foot in the same routine. No points will be deducted if soloist breaks forward on 2 with left foot and on 6 with left foot in the same routine. If timing is not consistent to it's specific division or the start of a team/solo choreography, points will be deducted from the final score. Failure to demonstrate the rhythm of the basic salsa will lead to deduction of points.

Salsa Colombiana

The timing of the Colombian style can be marked in odd counts: 1-3-5 and 7.

Rueda de Casino

Is a way of dancing Cuban salsa where pairs form a circle (in Spanish, rueda means "wheel"), and partners frequently swap. Timing is generally On1 as described on Salsa On1, although it can also be dance On5.

DANCE STYLES TIMING DESCRIPTION

Bachata

The rhythm of bachata is formed by two measures of 4 times each. In bachata, there is not a pause on the fourth count as it is done in salsa. If the timing is not consistent with the division (on 1 and 5), points from the final score will be deducted

Cha Cha Cha

The timing of cha cha cha is recognized as 2-3 cha cha cha 6-7 or 1,2 cha cha cha 5,6. Competitors can break on the 2 beat of the music (Follower breaking forward on 2 with left foot or leader breaking forward on 6 with left foot. Soloist breaking on the 2 beat with left foot). No points will be deducted if leader breaks forward on 2 with left foot or follower breaks forward on 6 with their left foot in the same routine. No points will be deducted if soloist breaks forward on 2 with left foot and on 6 with left foot in the same routine.

Competitors can also break on the 1 beat of the music (Leaders break forward with their left foot on 1 and followers breaking back on 1 with right foot. Soloist breaking on the 1 beat with left foot). No points will be deducted if leader breaks forward on 5 with left foot or follower breaks forward on 1 with their left foot in the same routine. No points will be deducted if soloist breaks forward on 5 with left foot and on 1 with left foot in the same routine. If the timing is not consistent to it's division, points will be deducted from the final score.

Samba | Urban Latin Dance| Stage Tango| Tango Salon| Milonga| Argentinian Waltz

They do not have a specific time.

DANCE STYLES TIMING DESCRIPTION

Tango

Stage Tango | Tango Salon Teams | Milonga | Argentinian Waltz

- This modality refers to a choreographic staging of Tango, Milonga or Argentinian Waltz.
- You can break the hug and use techniques that are contributions of other dance disciplines, as long as they have reason to be and for the benefit of the presentation trying to preserve the essence of Tango | Milonga | Argentinian Waltz without distorting it completely.
- A performance in another dance technique with tango music cannot be presented.

Tango Salon Couple

- The couple should not separate while the music lasts. This means that the hug cannot be broken, considered as the tango dance position.
- For the position to be considered correct, the body of one of the members of the couple must be held, all the time, by the hug, understanding that -in certain figures- this can be elastic, but not throughout the duration of the dance.
- Within these observation parameters, all the figures that are of popular use can be made.
- Hooks, tricks, lifts, acrobatics or any other choreographic possibility characteristic of stage tango are completely excluded. Any step in which the feet exceed the height of the knees is **NOT** allowed.
- The pairs must move constantly in the anti-clockwise direction, without remaining stationed in the same spot on the dance floor for more than two compasses so as not to interfere with the circulation of the other dancers.
- The space between lanes must be maintained.
- Do not overtake or overtake other couples. It is not a race and nothing is gained by advancing posts (except for disapproving looks and, perhaps, a low score).
- Prohibited to reverse.
- The round will be composed of three tangos.

DIVISION DESCRIPTION & AGE ALLOWANCE

Professional

Defined as a person who receives financial compensation as a Dance Instructor, Performer, Dance Competitor or Dance Adjudicator, and who makes his/her income mostly or entirely from these activities. **14 years of age or older**

Semi-Professional

Defined as a person who occasionally receives financial compensation for participating as a Performer or who as an assistant accompanies an instructor in their classes, without being the one who dictates it. **14 years of age or older**

Amateur

Defined as a student or person who does not make a living as a Dance Instructor, Performer, Dance Competitor or Dance Adjudicator and who doesn't receive financial compensation for these activities. **Without restrictions (Except the divisions with specific age range)**

Pro - Amateur

Defined as one Professional Dancer (Instructor) dancing with one Amateur Dancer (Student) to form a partnership, or a group of Amateur and Professional dancers performing together to form a team. **Without restrictions (Except the divisions with specific age range)**

DIVISION DESCRIPTION & AGE ALLOWANCE

Junior

Defined as individuals between 10-17 years of age.

Children

Defined as individuals between 3-12 years of age.

Family

Defined as a group of individuals that belongs to the same family without age restrictions.

Limitless

Defined as an individual, couples or groups without any limitations or age restrictions.

CATEGORIES

- The RLDC has over 200 categories.
- You can compete as a soloist, or a couple or a team.
- All competitors can participate in different categories as long as each division's pass is paid for and comply with the rules and regulations. This value of each division pass is one per team, one per couple and one per soloist.
- It is not allowed to compete more than once in the same division.
- If a division has three or less entrants (soloist, couples or teams) there should be a minimum score noted next to each entry for placing, as follows:
 - 65-74 total points for third place
 - 75-84 total points for second place
 - 85- 100 for first place



COSTUMES REGULATIONS

ADULTS COSTUMES

The WLDC is viewed by families and individuals of all ages and for that reason we strongly suggest to dress accordingly. Although we have no restriction we would like to offer the following suggestions:

- Intimacy Area Body zones must be covered by non-transparent materials or transparent materials lined with non transparent materials.
- 2 pieces costume, the breast area and the Intimacy area are properly covered and have no see-through fabric
- No topless costumes for men but a low stomach line opening is suggested instead.



COSTUMES REGULATIONS

JUNIOR AND CHILDREN COSTUMES

We would prefer the used of clothing according to the group age. We would prefer children to dress as children, not as adults. Although we have no restriction we would like to offer the following suggestions:

- We would prefer a full body cover dress than 2 pieces.
- If 2 pieces costume is used, the breast area and the Intimacy area must be covered and have no see-through fabric.
- We would prefer not topless costumes for boys but a low stomach line opening.



MUSIC REGULATIONS

MUSIC

- **Must:** Please make sure to send your music online to the organizers as part of your online registration. All competitors are asked to bring the music on an USB stick also, on the day of the competition.
- If the music presents any error during the performance and the mistake is caused by the production team, it is up to the competitor to start over or stop and notify production when they are ready to start again before their division is over.

MAXIMUM DURATION OF THE CHOREOGRAPHY

- SOLOIST: 1 minute and 30 seconds
- COUPLES AND TEAMS: 2 minutes
- TANGO COUPLES: 3 minutes
- TANGO TEAMS: 4 minutes
- IMPROVISATION: For all improvisational divisions, the Organization will have a list of songs. From this list, judges may choose the song that will be used for each competitor. Each song will last between 60 to 90 seconds.

MUSIC REGULATIONS

SPECIAL MUSICAL EFFECTS:

Are artificially generated or modified sounds to set or recreate artistic or musical scenarios. They can also be used to narrate or describe scenes without resorting to the use of words, appealing directly to the senses of the viewer. Examples: Voice-over, starting a car, steps, slamming, shooting, explosions, etc.

MUSIC FUSIONS

Are only allowed based on the music genre of the division. For example: if it's salsa, it can be mixed with salsa choque or salsaton. If it's bachata, it can be mixed with bacha-tango, among others.

- For Couples and Teams, it's allowed a maximum of 20 seconds for music fusions.
- For Soloist, it's allowed a maximum of 15 seconds for music fusions.

MUSICAL GENDERS ACCEPTED IN URBAN LATIN DANCE DIVISION

Reggaeton | Latin Trap | Spanish Reggae | Dembow

Tricks, Lifts and Acrobatics | Definition of Terms

TRICKS

- Any movement in which the couple has at least one foot in contact with the floor, being assisted by the other dancer.
- It will not be considered a trick if the dancer performs the movement without the assistance of his or her partner.

LIFTS

- A dance lift is a sequence of acrobatic movements in which one dancer lifts and, in many cases, holds their dance partner above the floor. A lift is considered an elevation in which both feet are off the floor at some point during the move, and any part of the body of the dancer touches each other to assist.
- It will not be considered as raised when the dancer raises both feet on their own without being in contact with the other.

ACROBATICS

- An acrobatic move is defined as any movement where one of the dancers throws the other, or the dancer throws him/herself with the support of the other to execute an aerial move. An acrobatic move is the entire body of the released dancer exceeds the height of the other.
- Any throw that does not exceed the height of the other dancer, will be considered as a figure.

COMBINATIONS

- A combination of tricks, lifts and acrobatics in a sequence is considered as one.

TRICKS, LIFTS AND ACROBATICS | ALLOWANCE

CABARET | TANGO ESCENARIO PRO | URBAN PRO

- A maximum of 10 tricks, lifts and acrobatics are allowed in total.

NON CABARET | AMATEUR | SEMIPRO | PRO AM | TANGO SALON

- No lifts or acrobatics will be allowed. A maximum of 5 tricks are allowed.

JUNIOR AND CHILDREN

- A maximum of 10 tricks, lifts and acrobatics are allowed in total.

SOLOIST

Without restrictions

IMPROVISATION

- No lifts or acrobatics will be allowed; only tricks are allowed (no restrictions of tricks quantity).



IMPORTANT THINGS TO CONSIDER

- If the competitor makes a mistake during the performance, the competitor cannot start from the beginning or start the performance over.
- It's not allowed to request any production features such as lighting or special effects.
- It is allowed to show the same choreography in different competition division
- When the performance is over, the stage must be left without any obstacles. Competitors **MUST NOT** add oils, powder on their shoes or stage.
- It's not allowed the use of any props. If the judges consider an element from the costume as a prop but the dancer disagrees, the WLDC controversial and disciplinary committee will make the final decision.
- It's up to competitor's judgement to use other movements or figures as long as it holds the genres essence.

If in any of the qualifiers, the division of competition doesn't exist in the WLDC; it can be change as long as it holds the same range. For example: Non Cabaret could be change for Cabaret or vice versa. All special exceptions should be consulted no later than 1 month before the event starts. This can be done through the official communication channels.

The first round (eliminary or qualifiers) will always be in alphabetical order. The semi-final and final rounds will be ordered according to the score made in previous round. The highest score will be last.